

Local Community Groups and Services

Broughton Astley

Monday

Group details	Contact details / Address
<p>Broughton Astley Volunteer Group Coffee Morning 10.00am - 12.00</p> <p>Free sociable group to connect and make friends</p>	<p>St Marys Church Broughton Astley, LE9 6XS</p>
<p>Wriggley Readers Every first and third Monday 10.30am to 11.00am.</p> <p>Fun, informal sessions where babies and children aged 0-4 years and their parents/carers can join in with stories, songs, and rhymes in a welcoming environment. An opportunity for families to meet and make friends.</p>	<p>0116 305 3553 broughtonastleylibrary@leics.gov.uk</p> <p>Main Street Broughton Astley Leicester LE9 6RD</p>
<p>Squirrels Running Club (Run/ Walk) 6.30pm starting from the White Horse Pub</p> <p>Every week Mon & Wed Trained Run Leader, for all abilities £2.00 per session</p>	<p>Facebook https://www.facebook.com/nutsaboutrunning https://groups.runtogether.co.uk/SquirrelsRunGroup</p>
<p>Tai Chi Class Weekly 1.30pm - 2.30pm</p> <p>Run by Malcolm Soulsby in the main hall at the Broughton Astley Village Hall</p>	<p>01455 324 008 43sixacres@gmail.com</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>Dementia Friendly Football Every Monday 11am – 12pm on 3G Pitch 2</p>	<p>Huncote Leisure Centre Sports Field Lane, Huncote</p>

<p>£2.50 - Footballs and Bibs provided by coach</p> <p>Dementia friendly football offers a friendly and welcoming environment to enable those living with Dementia, their support networks, and the local community an opportunity to play football, meet new people and have an enjoyable time. Get fit on your terms with no commitments. All sessions run by an FA qualified coach with Dementia Support Advisor.</p>	<p>LE9 3BN</p> <p>Nicholasevett@everyoneactive.com</p>
<p>International Plastic Modellers Society Leics. 3rd Monday of every month 7.30 - 9.30pm</p> <p>Open and welcoming group for all scale modellers</p>	<p>Broughton Astley Village Hall, Station Road, LE9 6PR</p> <p>Steve Spencer 07527025267</p>
<p>Kurling Every Monday 10.30pm - 11.30am £2.50 per session</p> <p>Test your accuracy and skills by having a go at this accessible sport. Equipment and refreshments provided</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>Solution to Living Every Monday 7.30 - 8.30pm</p> <p>Drug support group with peer led mentorship and guidance through (CA Program)</p>	<p>Doors open at 7pm and open to all</p> <p>2 Sutton Lane, Broughton Astley, Leicester, LE9 6QF</p>
<p>Active Retirement Class Every Monday and Friday 9.30am</p> <p>Sessions include work on chairs and standing exercises.</p>	<p>Broughton Astley Village Hall, Station Road, LE9 6PR</p> <p>aprille.ward@icloud.com</p>

Tuesday

Group details	Contact details / Address
Reach Education & Wellbeing group	Office@suttonelms.co.uk

4.15pm	2 Sutton Lane, Broughton Astley, Leicester, LE9 6QF
<p>Broughton Astley Arts & Crafts Social Group Meet every Tuesday 10am – 12.00pm</p> <p>Relaxed art social session, for any art or craft discipline, with coffee and biscuits</p> <p>Small charge to contribute towards room hire</p>	<p>01455 285148 Anndivine22@gmail.com</p> <p>The Cottage at Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>Reading Friends Group Meet on the 1st Tuesday monthly 7.00pm - 9.00pm</p> <p>An opportunity to discuss and share a love of reading, welcoming and friendly group run by a Library staff member - Keeley.</p> <p>Free tea and coffee and collection of a book</p>	<p>0116 305 3553 broughtonastleylibrary@leics.gov.uk</p> <p>The Cottage, Broughton Astley Village Hall Main Street Broughton Astley Leicester</p>
<p>Broughton Astley Camera Club Meet on the 1st and 3rd Tuesdays each month</p> <p>First meeting is in the Cottage at Broughton Astley village hall with tutored sessions, the second is a practical photoshoot in various locations</p>	<p>Facebook Broughton Astley Camera Club (Photographic Society)</p> <p>broughtoncameraclubsecretary@outlook.com</p>
<p>Boccia Every Tuesday 12.30pm - 13.30pm £2.50 per session</p> <p>Test your accuracy and skills by having a go at this paralympic sport. Equipment and refreshments provided</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>Karate Classes Every Tuesday and Thursday evenings</p>	<p>Main Hall Broughton Astley Village Hall Station Road LE9 6PT</p> <p>Mark Barber - 07999 868 214 mebarber30@btinternet.com</p>
<p>Time out for Carers group (VASL) 1st Tuesday of the month 2.30pm - 4.00pm</p>	<p>Countesthorpe Village Hall, Station Road, Countesthorpe, LE8 5TB</p> <p>Maureen@supportforcarers.org</p>

<p>Support and social group run by VASL Support for Carers.</p> <p>Virtual group on Zoom, aimed at working age carers, open to those across the County available on the 2nd Tuesday of the month between 7.00pm - 8.00pm</p>	<p>01858 468543</p> <p>Please contact VASL for a link to be sent if you wish to join the Zoom meetings, and this will be provided directly to you.</p>
<p>Kurling Every Tuesday 11.00am - 12.00pm £2.50 per session</p> <p>Test your accuracy and skills by having a go at this accessible sport. Equipment and refreshments provided</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>GP / Active Harborough & Local Area Coordination Wellbeing Walks Tuesday (varies) once per month (Free)</p> <p>Wellbeing walk along an accessible route within Broughton Astley, usually starting from the Leisure Centre at 1-1.15pm</p> <p>Dates arranged and confirmed through the GP practice and sent out to registered residents</p>	<p>Contact can be made through the Orchard medical practice 01455 282599, or Local Area Coordinator John Baraclough - 07732824556 John.baraclough@leics.gov.uk</p>
<p>BAVG - Luncheon Club Runs every Tuesday & Friday 11.45am - 13.00pm</p> <p>Social and welcoming community luncheon club held at Thomas Estley college. Opportunity to connect and socialise with other local resident's and have a delicious meal together</p>	<p>0808 528 4477</p> <p>Maximum £5 for Lunch and optional Community Bus transport provided at £3 for return drop off/ collection</p> <p>Station Rd, Broughton Astley, Leicester LE9 6PT</p>

Wednesday

Group details	Contact details / Address
<p>Renew Wellbeing Café Sutton in the Elms Baptist Church.</p> <p>Runs every week 13.00 - 14.30pm</p> <p>Community space run by volunteers.</p>	<p>01455 283 874</p> <p>https://www.facebook.com/RenewCafeBroughtonAstley/</p> <p>https://www.suttonelms.co.uk/</p>

<p>Optional activities are based on the '5 ways to wellbeing', habits for good mental health and emotional wellbeing are shared. There is a selection of tea, coffee and cake whilst joining in with activities, share a hobby and the chance to form new relationships with like-minded people in a welcoming space</p>	<p>office@suttonelms.co.uk</p> <p>2 Sutton Lane, Broughton Astley, Leicester, LE9 6QF</p>
<p>Squirrels Running Club (Run/ Walk) 6.30pm starting from the White Horse Pub</p> <p>Every week Mon & Wed Trained Run Leader, for all abilities £2.00 per session</p>	<p>Facebook https://www.facebook.com/nutsaboutrunning</p> <p>https://groups.runtogether.co.uk/SquirrelsRunGroup</p>
<p>Chatty Chairs Every Wednesday 10.00am - 11.00am First 24 sessions of the programme are free (starting 28th Aug 2024)</p> <p>Improve your posture, develop strength, meet new people, catch up with Friends and increase flexibility</p>	<p>07818580419 t.leonard@harborough.gov.uk Tom Leonard (Active Harborough)</p> <p>Sutton Elms Baptist Church LE9 6QF</p>
<p>Senior Special Lunch Club 12pm – 3.00pm</p> <p>Wednesday Monthly 2 courses and a coffee, free Bingo with Prizes £8.50 per person</p>	<p>The White Horse Pub, Broughton Astley</p> <p>Bavgoffice@bavg.org.uk 0808 528 4477 Return Transport also available through the Broughton Astley Community Transport Bus for £3 per person – booking essential</p>
<p>New Age Kurling Every Wednesday 7.30pm - 8.30pm £2.50 per session</p> <p>A version of Curling that is played indoors with Blue and Red New Age Kurling stones.</p> <p>Friendly and accessible group with all equipment and refreshments provided</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>BAVG Cottage Crafters Every Wednesday 6.30pm - 8.00pm £2.00 per session (including refreshments)</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p> <p>The Cottage</p>

Knitting, Crocheting, Sewing, card making, paper crafts, Macrame and more. Bring your own craft projects and spend time with like-minded people	Broughton Astley Village Hall, Station Road, LE9 6PR
Broughton Astley Community Allotment Open sessions to help, garden, connect and enjoy the garden every Wednesday afternoon	0808 528 4477 Lainie.whatsize@bavg.org.uk Bavgoffice@bavg.org.uk
Chatty Chairs Improve posture, develop strength, meet new people, catch up with friends and improve flexibility. Run by Active Harborough as a seated exercise class Starting Wednesday 28 th August 24 10.00 - 11.00am First 24 sessions of the program are free	Sutton Elms Baptist Church, LE9 6QF t.leonard@harborough.gov.uk 07818580419
The rock choir The UK's award winning contemporary choir Wednesday 12.30 – 2.00pm No Auditions or musical knowledge needed. It's about singing, fun, community, and friendship	Join using the link – https://rockchoir.my.salesforce-sites.com/join/JoinSelectChoir Broughton Astley Village Hall Station Road, Broughton Astley, LE9 6PT

Thursday

Group details	Contact details / Address
Broughton Astley Walking Group 1.30pm Every week	Just turn up and join in, run by group walk leaders vetted through Harborough District Council

Meet at the front of the Broughton Astley Library	
<p>Forget Me Not coffee afternoon 2nd Thursday of each month 2.00 - 3.30pm £1 contribution for refreshments</p> <p>Community led initiative that gives those living with memory loss, carers and loved ones a supportive social network.</p> <p>Meet and share experiences with others who understand in a friendly and relaxed environment.</p>	<p>The Cottage Broughton Astley Village Hall Station Road LE9 6PT</p>
<p>Board Games Cafe (Whetstone) 1st Thursday of each month 7.30 - 9.30pm (Free Barista Coffee Included)</p>	<p>Event by Whetstone Baptist Church Springwell, Dog and Gun Lane, LE8 6LJ Whetstone, United Kingdom</p> <p>Come along to Springwell and enjoy a range of games with a friendly group.</p>
<p>Broughton Astley Musical Memory Box 1st and 4th Thursday of each month 2.00 - 3.30pm</p> <p>Suggested donation £3.00 - 5.00</p> <p>Do you or a loved one experience memory problems or Dementia Diagnosis. Feel lonely, or benefit from Social therapeutic group with singing and music to affect wellbeing. Come along to sing and have fun.</p>	<p>Main Hall Broughton Astley Village Hall Station Road LE9 6PT</p> <p>Kyle Newman – 07736841558 lmmbbox2018@gmail.com</p>
<p>Karate Classes Every Tuesday and Thursday evenings</p>	<p>Main Hall Broughton Astley Village Hall Station Road LE9 6PT</p> <p>Mark Barber - 07999 868 214 mebarber30@btinternet.com</p>

Friday

Group details	Contact details / Address
Warm Space - Sutton Elms Baptist Church	Office@suttonelms.co.uk

<p>Every Friday 1.30 pm – 5.30pm</p> <p>Free refreshments, access to Wifi and mobile charging. Games and optional activities provided for children and adults, alongside someone to talk to.</p>	<p>2 Sutton Lane, Broughton Astley, Leicester, LE9 6QF</p>
<p>Knit & Natter group Every Friday morning Meet at the Cottage at Broughton Astley village hall</p> <p>Friendly and informal knitting group to make friends and connect.</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>Thomas Estley Luncheon Club Runs every Friday 11.45am - 13.00pm</p> <p>Social and welcoming community luncheon club held at Thomas Estley college. Opportunity to connect and socialise with other local resident's and have a delicious meal together</p>	<p>01455 28283263</p> <p>Station Rd, Broughton Astley, Leicester LE9 6PT</p>
<p>Stay and Play Sessions Every Friday 10.00am - 11.30am</p> <p>Free and open to parents and their children under 5. No booking is required</p>	<p>Broughton Astley Children and Families Wellbeing Centre, Main St, Broughton Astley (Same site as Thomas Estley)</p>
<p>Darts for Wellbeing 1st & 3rd Friday of the Month 5.00pm - 6.30pm (18+)</p> <p>A social group welcoming those who have both cognitive and physical impairments</p>	<p>Hosted by Enderby & District Social Club 22-24 Coleridge Drive, Enderby, LE19 4QF</p>
<p>Bereavement Support Hub 10.00 - 11.30am (Bi Weekly) Market Harborough</p> <p>The Bereavement support hub welcomes anyone over the age of 18, providing an opportunity to share a space and stories with each other. No booking required, and the group is facilitated by trained volunteers, with no prior links with Loros.</p>	<p>10 Fairfield Road Market Harborough LE16 9QQ</p> <p>Loros Volunteer led</p>

<p>Create, Gather, Grow Club Every Friday 10.00am - 12.30pm</p> <p>There is a suggested donation of £3 per session to help cover costs but not expected.</p> <p>All materials & refreshments are included. Group explore a range of different textile crafts suitable for all abilities. Work together on group projects such as yarn bombs, there is also plenty of opportunity to create individually, to experiment just for fun, make gifts or decorative items for your home etc.</p> <p>It is a fun, relaxed & welcoming group of all ages, and supports good wellbeing.</p>	<p>Cosby Village Hall Park Road, Cosby, LE9 1RN</p>
<p>Active Retirement Class Every Monday and Friday 9.30am</p> <p>Sessions include work on chairs and standing exercises.</p>	<p>Broughton Astley Village Hall, Station Road, LE9 6PR</p> <p>aprille.ward@icloud.com</p>

Weekends

Group details	Contact details / Address
<p>Lego Saturdays 10.00am - 12.00</p> <p>Second Saturday of every month, welcoming and friendly group open to all ages</p>	<p>0116 305 3553 broughtonastleylibrary@leics.gov.uk</p> <p>Main Street Broughton Astley Leicester LE9 6RD</p>
<p>Mens Breakfast First Sat of every month 8.30 - 10.00am</p>	<p>Office@suttonelms.co.uk</p> <p>2 Sutton Lane, Broughton Astley, Leicester, LE9 6QF</p>
<p>Squirrels Cycling Group Ran in the afternoons, and groups and times agreed via Facebook page</p> <p>Free cycling group, usually cover 30-40 miles</p>	<p>Facebook https://www.facebook.com/nutsaboutrunning</p>
<p>Gardening & Greenspace Group Last Sat of every month</p>	<p>Contact Jenny - 0808 528 4477 Bavgooffice@bavg.org.uk</p>

<p>10.00am - 12.00pm (with tea/coffee break)</p> <p>Informal and welcoming group to collaborate and maintain the space located at the rear of St. Marys Church in Broughton Astley</p>	<p>St Marys Church, Station Road Broughton Astley</p>
<p>Repair Station at St. Marys At the Community Market First Saturday of every month 10.00am - 12.00pm</p> <p>Electrical items, textiles or mechanical – if you feel that it could be fixed bring the item along to see if one of the team can repair it for you. The team cannot look at Mobile Phones or computers.</p> <p>No charge for repairs other than if ordered parts are required, but all donations go towards maintenance of the Church.</p>	<p>St Marys Church, Station Road Broughton Astley</p>
<p>Games group 10.00am - 13.00pm</p> <p>Board games and other games available each Saturday, free to play and turn up</p>	<p>0116 305 3553 broughtonastleylibrary@leics.gov.uk</p> <p>Main Street Broughton Astley Leicester LE9 6RD</p>

Useful Information

Group details	Contact details / Address
<p>Broughton Astley Library Community Garden Volunteer group run by Local Area Coordinator John – TBC running dates</p>	<p>Local Area Coordinator John Baraclough - 07732824556 John.baraclough@leics.gov.uk</p>

<p>Help to maintain, grow, and enjoy the community garden space at the library. No gardening knowledge required. Accessible and can be used by groups locally</p>	<p>Or Ask at the Library helpdesk for further details</p>
<p>Broughton Astley Community Allotment</p> <p>The Broughton Astley Volunteer group in partnership with key local volunteers and Local Area Coordinator have a plot available which would welcome able volunteers to support in maintenance and installation.</p>	<p>Please contact the BAVG or John Local Area Coordinator for further details</p> <p>0808 528 4477 Lainie.whatsize@bavg.org.uk Bavgoffice@bavg.org.uk</p> <p>John – Local Area Coordinator 07732824556 John.baraclough@leics.gov.uk</p>
<p>Forever Savvy</p> <p>vocational Training centre which helps residents with learning disabilities to gain experience with caring for horses. Through this they gain confidence, leadership skills, life skills, team building and a range of other benefits. The team will support around help gaining future employment and support</p>	<p>Amanda Phelps 07710 092412</p> <p>amanda@foreversavvy.co.uk www.foreversavvy.co.uk</p>
<p>Broughton Astley Heritage Society</p> <p>Please contact Bob Wrathall for more details</p>	<p>01455 285366</p> <p>Facebook Broughton Astley Heritage Society</p>
<p>Louise Stone Art & Minds Life Coach</p> <p>Group makes unique clay trinkets and have relaxing mindfulness time out</p>	<p>07757670876</p> <p>l.stoney65@yahoo.co.uk</p> <p>Broughton Astley Village Hall, Station Road, LE9 6PR</p>
<p>Broughton Astley Volunteer Group (BAVG) Nicola & Jenny</p> <p>Set up local groups, coffee mornings and link services within the community.</p> <p>Access to Emergency food parcels</p>	<p>0808 528 4477 Bavgoffice@bavg.org.uk</p>
<p>Lutterworth & Villages Foodbank Trussell Trust</p>	<p>Lucy Freeman 01455 558797</p>

<p>Run on Tuesdays and Fridays with requests before 10am. Access to emergency Food Parcels if required and deliver.</p>	<p>St Marys Church, Churchgate Centre, Lutterworth, LE17 4AN</p>
<p>Social Prescribers – South Leicestershire Medical group</p> <p>Orchard Medical Practice</p>	<p>Louise Lock (NHS EAST LEICESTERSHIRE AND RUTLAND CCG (Clinical Commissioning Groups)</p> <p>Laura Dodds (NHS EAST LEICESTERSHIRE AND RUTLAND CCG (Clinical Commissioning Groups)</p>
<p>Lutterworth Community Transport (Covers Broughton Astley)</p> <p>Offer a Social Car Service where volunteer drivers transport clients in their own car to appointments, as well as a mini-bus service for shopping trips and days out.</p>	<p>Graeme C. Thomson General Manager Lutterworth Community Transport 01455 555571</p> <p>www.luttct.com</p>
<p>Patient Transport</p> <p>For hospital appointments within Leicestershire Hospital services</p>	<p>0345 241 3012</p>
<p>Leicestershire Reading Friends Broughton Astley Library & Virtual</p> <p>Reading Friends is a befriending programme launched by The Reading Agency that helps to start conversations and connect people who are lonely and isolated.</p> <p>Options to Volunteer with Telephone befriending or run a virtual group.</p>	<p>Email: victoria.barton@leics.gov.uk 0116 305 4574.</p>
<p>Harborough Lifeline 24hr support – pendent alarms</p> <p>Set up - £65, then £4.56 per week</p>	<p>01858 464499</p> <p>www.harborough.gov.uk/lifeline Lifeline@harborough.gov.uk</p>
<p>Broughton Astley Community Bus</p> <p>Shopping and social trips, available for use by local groups and charities.</p> <p>£3.00 door to door (£2.00 for Aldi) Lutterworth – Morrisons/ Waitrose (Weds) Hinckley – 1st Monday of each month Broughton Astley - Aldi (Thurs)</p>	<p>Broughton-astley.gov.uk 01455 282966 – Susan 01455 283001 – Roger</p>

<p>The Elms Cafe</p> <p>Tuesdays and Wednesdays 10am -14.00pm and Thursday 12.00 - 14.00pm</p> <p>Space to meet/take lunch.</p>	<p>2 Sutton Lane, Broughton Astley, Leicester, LE9 6QF</p>
<p>Broughton Astley Parish Council</p>	<p>01455 285655 www.broughton-astley.gov.uk</p>
<p>Broughton Astley Library</p> <p>8.00am – 7.00pm Mon – Fri 8.00am - 6.00pm Sat</p> <p>Staffed -</p> <p>Monday – 10am – 1.00pm Tuesday – 2.00pm – 5.00pm Wednesday – Smart all day Thursday – 2.00pm - 5.00pm Friday – 10.00am - 1.00pm Saturday – 10.00am - 2.00pm</p>	<p>0116 305 3553 broughtonastleylibrary@leics.gov.uk</p> <p>Main Street Broughton Astley Leicester LE9 6RD</p>
<p>CAP Money: Course</p> <p>Course times and dates to be confirmed based on interest</p> <p>Free course to help manage money better and learn to budge, save, and spend well</p>	<p>Sutton Elms Baptist Church Hub</p> <p>Suttoncapmoney@gmail.com</p>
<p>Ukrainian Support Harborough District</p> <p>Information for Harborough residents who offer to help, news updates, links to resources for Ukrainian refugees and UK hosts.</p>	<p>https://www.harborough.gov.uk/support-ukraine Bus passes to Ukrainian refugees - UkraineTransport@leics.gov.uk</p>
<p>Broughton Astley Seed Swap Broughton Astley Library</p> <p>Seed exchange counter at the library, to swap excess seeds or donate to purchase other seeds if you have none to swap</p>	<p>Please see the display located at the seating area in the library or speak to a member of the Library Staff/ Local Area Coordinator</p>

<p>Free Covid / Flu Vaccination Transport</p> <p>A free transport offer to/from a flu/COVID vaccination provider is available to all eligible residents of Leicestershire. To help vulnerable people living in rural villages access their vaccination offer conveniently.</p>	<p>01530 512456</p> <p>The number is operational Monday to Friday, 9am to 5pm – provider will proactively check eligibility, book onto a clinic and will arrange collection from home, transport to the clinic, wait, then the return journey home.</p> <p>There is no cost to access this service.</p>
<p>Telephone Shopping options</p> <p>Telephone alternatives for ordering and speaking to supermarkets to place delivery orders, if the resident is not online or able to leave the home due to mobility or circumstance</p>	<p>Morrisons Doorstep delivery service is available to vulnerable and elderly members of the community, unable to go shopping in-store.</p> <p>Call 0345 611 6111 and select option 5 to place your order.</p> <p>Any order placed before 4pm they will aim to deliver the next day. Must live local to a Morrisons shop</p> <p>Sainsbury's telephone assisted shopping - Individuals can contact Sainsbury's Customer Care Team and explain that they need support to set up a Telephone Shopping Account for Assisted Shopping, for people who are housebound, cannot travel to the shops or cannot manage online shopping</p> <p>0800 917 8557</p>